



## Doctor Discussion Guide

### Use this guide to help you prepare for your appointment with a urologist.

- In the chart below, write down your symptoms, when they started, and how they affect you.
- Check or circle the questions provided that you'd like to ask.
- Add any additional questions or concerns you have.
- Bring your list with you to your appointment, along with any photos that may help your doctor with diagnosis.
- During your appointment, write down important information your doctor tells you.

### General tips on talking with your doctor:

- If possible, bring your partner with you.
- Explain your symptoms as clearly as you can. Be direct.
- Tell your doctor how your symptoms affect you — not just physically, but also emotionally.
- If you don't understand something your doctor says, ask for an explanation.

Symptom	When it started	How it affects me

### Questions for your doctor:

- What causes Peyronie's disease?
- Is this a form of cancer? Is it life threatening?
- Will my condition keep progressing?
- Can I continue having sex, or will it make things worse?
- What are my treatment options, both nonsurgical and surgical, and how effective are they?
- Is shortening of the erect or flaccid penis common in Peyronie's disease? What can I do about it?
- How many Peyronie's patients do you see in a month?
- What can I expect emotionally? Should I see a counselor or psychologist?
- Does insurance cover any of my treatment options?
- Is it better to do something rather than nothing?

### Write down any other questions you have for your doctor.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_